



Date: June 2024

Dear Parent/Guardian

Has your child had their pre-school immunisations?

I am writing to encourage you to check that your child is up to date with their immunisations before they start school in September. If your child is aged between three and five years old, they should be up to date with their immunisations before starting school. These pre-school immunisations (also known as vaccinations) will help protect your child against many serious infections, for example, there is currently a large measles outbreak in London.

Now is a good time to catch up with any of the usual immunisations your child may have missed as a baby or toddler. Just ask your GP practice or clinic about catch-up doses. It is never too late to have your child immunised.

Pre-school vaccines:

Vaccine	How it is given	Details
Diphtheria, tetanus, pertussis (Whooping cough), polio	One injection	This is a booster dose of the vaccine your child had as a baby.
Measles, mumps and rubella (MMR)	One injection	This is a second dose of the MMR vaccine. If your child has not had the first dose yet, it should be given now and they should have their second dose one month later.
Flu	Nasal spray	This will be given in the autumn/winter by the immunisation team at the school. Children who cannot have the nasal spray for medical reasons will be offered a vaccination by injection.

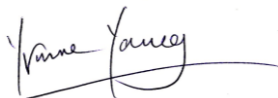
To make sure that your child is fully protected, contact your GP or Practice Nurse for an appointment. For more information you can also visit www.nhs.uk/vaccinations and [4-in-1 pre-school booster overview](#) or call the free NHS helpline 111. This link, [Pre-school immunisation booklet](#), is a guide to pre-school immunisations from two years old until starting primary school.

Alongside immunisation, there are other ways in which everyone can help reduce the spread of infections in schools. Here are a few helpful links which you might like to look at to help you and your family learn about what else you can do:

- e-Bug <https://www.e-bug.eu/>
- Health protection in children and young people settings, including education [Health protection in children and young people settings, including education - GOV.UK \(www.gov.uk\)](#)
- Health protection in children and young people settings, including education: tools and resources [Children and young people settings: tools and resources - GOV.UK \(www.gov.uk\)](#)

I would also like to take this opportunity to wish your child and you a happy, healthy start to school.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Yvonne Young', with a long horizontal flourish extending to the right.

Dr Yvonne Young
Regional Deputy Director for Health Protection
UKHSA London Region