St Marks School **Spring Summer** 2024 WEEK ONE W/C 15 April 6 May 3 June

24 June

15 July

9 September

30 September

21 October

WEEK TWO

W/C

22 April

13 May

10 June

1 July 22 July

16 September 7 October

Option One

Option Two

Option Three

Vegetables

Dessert

Option One

Option Two

Option Three

Vegetables

Dessert

Planet Friendly Day

Golden Tortilla Stack with Rice (V)

> **NEW** All-Day Breakfast (V)

Jacket Potato with Baked Beans (VE)

> Sweetcorn (VE) Green Beans (VE)

Yoghurt (V) & Fresh Fruit Station WE kitchen

Tomato & Lentil Pasta (VE) or Carbonara Pasta (V) with Toppings

Jacket Potato with Baked Beans (VE)

> Sweetcorn (VE) Broccoli (VE)

Chocolate & Beetroot Brownie (V)

TUESDAY

Hearty Penne Bolognaise (VE)

Hearty Beef Bolognaise

Jacket Potato with Cheese (V)

> Garlic Bread Courgettes (VE) Carrots (VE)

Apple Crumble with Ice Cream (V)

Chickpea Aloo Chaat With 50/50 Rice(VIII

Chicken Tikka Masala with 50/50 Rice

Jacket Potato with Cheese (V)

Cauliflower (VE) Green Beans (VE)

Yoghurt (V) & Fresh Fruit Station (VE)

WEDNESDAY

Chinese Vegetable Noodles

Roast Chicken with New Potatoes & Gravv

Jacket Potato with Tuna Mayonnaise

> Broccoli (VE) Cauliflower (VE)

NEW Berry Mousse (V)

Beans & Leek Sausages with mash & Gravy(VE)

Pork Sausages with Mash Potato and Gravy

Jacket Potato with Tuna Mayonnaise

Red Cabbage (VE) Pea(VE)

Yoghurt (V) & Fresh Fruit Station (VE)

THURSDAY

Cheese Whril with Rice Tzatziki Salad YAMASI (V)

Greek Chicken Pitta with kice Tzatziki Salad 🍓 [

Jacket Potato with Baked Beans (VE)

Mediterranean Mixed Vegetables (VE)

Carrot and Courgette Cake

Creamy Mac and Cheese (V)

Mexican Chicken Faiitas with Rice

Jacket Potato with Baked Beans (VE)-

> Roasted Tomato (VE) Sweetcorn (VE)

Jelly with Mandarins (V)

FRIDAY

BBQ Quorn with Rice (V)

Fishfingers/Salmon Fishfingers with Chips & Tomato Sauce

Jacket Potato with Cheese (V)

Peas (VE) Baked Beans (VE)

Yoghurt (V) & Fresh Fruit Station (VE)

NEW Classic Sausage Roll with Chips & Tomato Sauce (VE)

Tuna and Sweetcom Pasta

Jacket Potato with Cheese (V)

Peas (VE) Baked Beans (VE)

Apple Flapjack (VE)

WEEK THREE

W/C 29 April 20 May 17 June 8 July 2 September 23 September 14 October

Option One

Option Two

Option Three

Vegetables

Dessert

Chicken Jollof Rice

Lentil and Sweet Potato! Curry and Rice (VE)

Jacket Potato with Baked Beans (VE)

Green Beans (VE) Roasted Peppers (VE)

Fruit with Ice Cream (V)

Spanish Plant Balls with Patatas Bravas (VE)

Chicken Paella

Jacket Potato with Tuna Mayonnaise

Mediterranean Mixed Vegetables (VE)

Yoghurt (V) & Fresh Fruit Station (VE)

Lentil Wellington, Stuffing, Roast Potatoes& Gravy ()

Roast Chicken, Stuffing, Roast Potatoes & Gravy

Jacket Potato with Cheese (V)

> Leeks (VE) Carrots (VE)

Yoghurt (V) & Fresh Fruit Station (VE)

Beetroot & Lentil Burger with Potato Wedges (VE)

Burger with Potato Wedges & Tomato Sauce

Jacket Potato with Tuna Mayonnaise

> Broccoli (VE) Sweetcorn (VE)

Chocolate Drizzle Cake & Custard (V)

Cheese & Tomato Pizza Slices with Pasta Salad (V)

Fishfingers with Chips & Tomato Sauce

Jacket Potato with Baked Beans (VE)

> Peas (VE) Baked Beans (VE)

Summer Lemon Cake (V)

MENU KEY



Added Plant Power





Planet Friendly Option

(V) Vegetarian (VE) Vegan

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - Bread freshly baked on site daily (VE) - Daily salad selection (V/VE) - Drinking Milk (V)





If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.















